



**Mount  
Sinai**

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## **Mount Sinai Five Towns Medical Group Now Offers L.I. Residents Comprehensive Health Care**

**(NEW YORK – March 17)** With medical practitioners in primary care and pediatrics, residents from Long Island's South Shore and beyond will now have access to comprehensive health care from [Mount Sinai Five Towns Medical Group](#), a multi-specialty practice located in Hewlett, Nassau County. The staff of Five Towns comprise board-certified and highly-trained physicians, nurses and medical staff, and features state-of-the-art equipment, same-day lab results and scans, as well as an Urgent Care Center for the treatment of non-emergency medical cases requiring immediate care.

As part of the Mount Sinai Health Network, all physicians and medical personnel at Mount Sinai Five Towns Medical Group are affiliated with the [Mount Sinai Health System](#) based in Manhattan. WESTMED Practice Partners manages day-to-day operations at the facility, which is located at 1436 Broadway in Hewlett. The redevelopment of the medical office building was overseen by [Simone Healthcare Development](#), based in New York.

"As the health care reform debate continues and new approaches to medicine unfold, access to quality care remains critically important for our families and neighbors," said [Peter J. Tesler, MD](#), Medical Director of Mount Sinai Five Towns Medical Group. "Most of the doctors at Five Towns live in the neighborhoods we serve, and we're pleased and honored to help our communities stay healthy and live longer."

"Mount Sinai Five Towns Medical Group is the new standard of health care on Long Island – expanded access to primary care at a neighborhood hub, featuring medical specialists who work collaboratively to provide personalized care for each patient," said Arthur A. Klein, MD, President of the Mount Sinai Health Network. "We're proud to bring the renowned services of Mount Sinai to serve the residents of the South Shore, Nassau County and beyond."

Mount Sinai Five Towns Medical Group will feature on-site radiology and laboratory services, offering convenient, same-day imaging services and lab test results. In addition, staff will utilize state-of-the-art electronic health records to allow for rapid and secure exchange of health information to facilitate patients' medical care.

Led by Dr. Tesler, the physicians at Mount Sinai Five Towns Medical Group include Madeline Rose Lalia, MD and Donald P. Lawrence, MD, pediatricians who have had longstanding private practices serving the Hewlett community; Joann Carcaterra, DO is a primary care physician who has practiced in Hewlett for more than a decade. Also on the staff is Linda Bryant, MD, who specializes in internal medicine and is a local resident; and Carolina Murray, DO, a family medicine specialist who will help lead the Urgent Care practice.

Services offered include:

- Preventive care and general medical exams, including yearly physicals
- Chronic disease management – COPD (emphysema), diabetes, hypertension (high blood pressure), high cholesterol and asthma
- Treatment for minor injuries
- Acute medical care, including urinary tract, throat and ear infections
- Women’s health, including routine gynecologic exams and cervical cancer screenings
- Vaccinations and immunizations

Visit <http://www.mountsinai.org/five-towns> for more information or to make an appointment.

Simone Healthcare Development was responsible for the acquisition and redevelopment of the former Verizon office building at 1436 Broadway, transforming it into the new, state-of-the-art ambulatory care center that is Mount Sinai Five Towns Medical Group, under a long-term lease agreement with the Icahn School of Medicine at Mount Sinai.

### **About the Mount Sinai Health System**

The Mount Sinai Health System is an integrated health system committed to providing distinguished care, conducting transformative research, and advancing biomedical education. Structured around seven member hospital campuses and a single medical school, the Health System has an extensive ambulatory network and a range of inpatient and outpatient services—from community-based facilities to tertiary and quaternary care.

The System includes approximately 6,600 primary and specialty care physicians, 12-minority-owned free-standing ambulatory surgery centers, over 45 ambulatory practices throughout the five boroughs of New York City, Westchester, and Long Island, as well as 31 affiliated community health centers. Physicians are affiliated with the Icahn School of Medicine at Mount Sinai, which is ranked among the top 20 medical schools both in National Institutes of Health funding and by U.S. News & World Report.

For more information, visit <http://www.mountsinai.org>, or find Mount Sinai on [Facebook](#), [Twitter](#) and [YouTube](#).

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